

Learn how to reduce your energy bills and claim grants & tax credits entitlement



Get **FREE insulation** with EDF Energy, British Gas and other major suppliers. Criteria for each supplier are different but are not based on household income and are for renters and owners alike. ([ECO obligation](#))

Claim the £140 [Warm Home Discount](#)

Eligibility: Pension Credit customers should get theirs automatically and may qualify for a [Winter Fuel Payment](#). Other customers need to check with their individual energy company to see if they qualify.



Resolve gas or electricity arrears. Some energy companies also have charitable trust funds you can apply to for help and budget planning advice.

Seek debt advice from Talk to Advice UK, CAB, Step Change Debt Charity, Payplan or Money Advice Service or call the National Debtline.



Check your eligibility for the **Affordable Warmth Grants**, which can help provide free boilers, cavity wall and loft insulation (www.affordablewarmthgrants.co.uk)

Visit the **Energy Saving Trust website** to find out various simple ways to save energy, such as smarter showering, changing light bulbs and draught excluders (www.energysavingtrust.org.uk)



Don't forget about **water bills** too. There may be help available from water companies with your tariff if you are on a water meter, or help with your water bill arrears.

RE:NEW is a London-wide home energy efficiency retrofit programme. Check to see if you live in a participating area by contacting your local council. (www.london.gov.uk/renew)



Maximise your income. Talk to a benefits expert like [IncomeMAX](#) to see what you can do to manage your budget and balance your bills more effectively. Turn2us also have an online benefits and grants search to see if you are eligible for more financial help (<http://www.turn2us.org.uk/>)

Charities and organisations that provide advice and support

The Home Heat Helpline

The Home Heat Helpline advises people worried about paying their energy bills and keeping warm during the winter. It also advises low-income households in urgent need of heating help and advice. It is free to call and is open 9am-5.30pm Monday to Fridays.

Tel: 0800 33 66 99

Web: <http://www.homeheathelpline.org.uk/>

Charis Grants

Charis provides expertly tailored financial relief programmes. Their schemes support those who are struggling to pay their bills or have other essential needs. Charis works with many energy providers and local authorities to deliver a number of Charitable Trusts, Hardship Funds, Welfare Schemes, Rebate Schemes and Social Tariffs.

Email admin@charisgrants.com

Tel: 01733 421021

Web: www.charisgrants.com

Auriga Services

Similar to Charis, Auriga works with the UK's leading utility suppliers and local authorities, managing funds and trusts on their behalf. They can provide help with bills and advice on tackling debt and water and energy savings. So far millions of pounds have been awarded to customers in debt or in need of other essential goods and services.

Email info@aurigaservices.co.uk

Tel: 0121 321 1324

Web: www.aurigaservices.co.uk

IncomeMAX

IncomeMAX is an award winning Community Interest Company that helps people to maximise their income and improve their financial situation. They advise and support households in the UK on benefits, debt, saving money, employment and energy & water bills.

Email info@incomemax.org.uk

Tel: 0300 777 777 2

Web: www.incomemax.co.uk

AgeUK

Provide advice and information for people in later life through the Age UK Advice line, publications and online. Age UK Advice Lines are open seven days a week from 8am to 7pm.

See "Winter wrapped up" their guide to keeping warm and well in winter [here](#)

Tel: 0800 169 65 65

Web: www.ageuk.org.uk